



G Common Ground

The Common Ground program **promotes diversity, respect, empathy and building meaningful relationships** through inclusive activities and reflection. The problem-solving initiatives presented require clear communication, social engagement and effective teamwork. Through carefully timed “interventions” and debriefs, participants are reminded to be mindful of how they are influencing the group process.

“Challenge Discovery gave our boys the opportunity they needed to be active while being very much intentional and purposeful. The facilitators did an excellent job helping the boys reflect on how their behavior was affecting their progress.”

– Molly Trice, St. Christopher’s School



1-2 hours

\$20 / person

10 - 120 group size

At your location

1:20 staff ratio

Challenge Discovery’s philosophy has always been based on character development in an effort to develop relationships, teamwork and confidence. As researchers increasingly link cognitive skills to success in education, we are now integrating the five **Social and Emotional Learning (SEL) competencies** into each of our three programs. Each program emphasizes specific strengths and focuses on certain competencies of the model described in more detail on page 2.



The social and emotional learning (SEL) integrated framework enhances students' capacity to integrate skills, attitudes, and behaviors to deal effectively and ethically with daily tasks and challenges. While all five competencies are included in the Common Ground program, we bring specific focus to the two that promote **interpersonal competence**.

SEL Model



*casel.org

Social awareness

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- Perspective-taking
- Empathy
- Appreciating diversity
- Respect for others

Relationship skills

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

- Communication
- Social Engagement
- Relationship-building
- Teamwork